

Hair Restoration

Contraindications:

1. You should not have PRP treatment done if you have any of the following conditions:
 - An impaired immune system due to immunosuppressive diseases, HIV, HTV, or immunosuppressive medications
 - Skin conditions and diseases including facial cancer, existing or uncured. This includes SCC, BCC and melanoma, systemic cancer and chemotherapy.
 - Steroid therapy, dermatological diseases affecting the face (i.e. Porphyria), communicable diseases, blood disorders and platelet abnormalities, anticoagulation therapy (i.e. Warfarin)
 - If you are pregnant or nursing
 - Allergy to lidocaine

Pre-Treatment Instructions:

1. 7 days before treatment:
 - Discontinue blood thinning agents such as vitamin E, vitamin A, Ginko, Garlic, Flax, Cod Liver Oil, and Essential Fatty Acids, and multivitamins, a minimum of 7 days (preferably 14 days) prior to treatment. It is fine to continue iron and vitamin D.
 - If you are taking any blood thinners, please let your provider know immediately, as they may represent a contraindication to this treatment. These medications include Plavix, Coumadin and Heparin.
 - Avoid aspirin, Advil, Motrin, Ibuprofen, Naproxen, Voltaren and other anti-inflammatory medications. We want inflammation to occur – as this is one mechanism by which PRP works.
 - You may use Tylenol (acetaminophen) as needed prior to the treatment.
 - Prescription medications (including heart and blood pressure medication) should be taken as prescribed right up to, and including, the day of and the day after your treatments.
 - If you are taking broad beta-blockers such as Inderal (Propranolol), please inform your provider as this medication may need to be changed to a select beta-blocker in advance of the treatment
 - AVOID excessive sun or heat exposure 3 days before treatment
 - Minimize or avoid alcohol consumption
 - If possible, refrain from or minimize smoking prior to your procedure as it impacts the healing process.
 - You may continue other hair loss treatments such as laser treatment, minoxidil, or hormone blocking tablets before your procedure. If you are not sure if you should be stopping a medication, please ask.
 - It is ok to color your hair up to 7 days before the procedure.
 - For 7 days prior to the procedure, drink half of your body weight in ounces daily.

2. Day Before Treatment:

- Increase your intake of fluid the day before your procedure by simply drinking 2 glasses of water in the morning, 2 glasses at lunch, and 2 glasses at dinner, in addition to your normal intake of water.

3. Day of Treatment:

- Shower the morning of your treatment and wash your hair very thoroughly using your regular shampoo.
- Do not apply sprays, gels, or any other styling products to your hair.
- If you wear a hair system, please remove it prior to shampooing and do not wear it before your PRP treatments.
- Please eat a normal breakfast or lunch the day of your PRP session.
- Drink a bottle of water (500 mL) at least 2 hours before your session.
- It is strongly recommended to take a hot shower to wash your hair that evening, after the treatment, to promote the effects of PRP.

Post-Treatment Instructions:

- It is normal to experience bruising, redness, itching, swelling and/or soreness that may last from 2-5 days following your treatment.
- If you experience any pain or discomfort you may take Tylenol or other Acetaminophen-containing products as directed.
- You may have a bruise at the blood draw site.
- You may notice a tingling sensation while the cells are being activated.
- In rare cases, skin infection or reaction may occur, which is easily treated with an antibiotic or inflammatory. Please contact our office immediately if you notice unusual discomfort.
- Try to refrain from applying ice to the injected area as ice acts as an anti-inflammatory. Ice or cold compresses can be applied to reduce swelling if required.
- Continue to avoid aspirin, Advil, Motrin, Ibuprofen, Naproxen, Voltaren and other anti-inflammatory medications for 3 days after your procedure (if possible, try for 7 days).
- Avoid vigorous exercise, sun and heat exposure for at least 2 days after your treatment.
- Do not wet your hair for at least 3 hours after your treatment.
- For the first 3 days, use shampoo that is pH balanced.
- Do not use any hair products for at least 6 hours after your treatment.
- Be sure to take a hot shower and wash your hair that evening, after the treatment, to promote the effects of PRP.
- Avoid saunas, steam rooms, and swimming for 2 days after your treatment.
- Avoid alcohol, caffeine, and smoking for 3 days after treatment. Smokers do not heal well and problems recur earlier and results may take longer.
- Avoid resuming Minoxidil (Formula 82M, Rogaine®), hair coloring, and straightening for 3 days.
- Continue increased water intake the first week after your treatment.

- Do not use blood thinning agents such as vitamin E, vitamin A, Ginkgo, Garlic, Flax, Cod Liver Oil, Essential Fatty Acids and least one week after your treatment

Contact the Office Immediately if any of the Following Signs of Infection Occur:

- i. Drainage – looks like pus
- ii. Increased warmth at or around the treated area
- iii. Fever of 101.5 or greater
- iv. Severe pain that is unresponsive to over-the-counter pain relievers

Cancellation/rescheduling policy

1. All bookings are non-refundable. The consultation fee for Vampire Facial®, Vampire FaceLift®, Vampire Breast Lift®, O-Shot®, P-Shot® and Hair Restoration will be applied to your procedure upon booking.
2. We understand that urgent issues which are out of your control come up. For that reason, we have a very understanding policy which allows you to reschedule your procedure without losing your procedure fee. You may reschedule up to 3 times. After the 3rd reschedule, we will not be able to refund your procedure fee. Any further bookings will be assessed as a new procedure and another fee will apply accordingly.
3. Because this procedure is personalized to you, we cannot apply your fee to another person such as a partner or friend if you cancel your procedure.
4. We ask you to be considerate to other clients and arrive 15 minutes prior to your procedure time. We have a 9-minute grace period. After 9 minutes past your procedure time, you will be rescheduled to a later time. This will count as a reschedule and the reschedule/cancellation policy will apply.
5. We have taken the time to properly assess the time needed for a thorough consultation. After your consultation time has elapsed, if you have further questions or concerns, please direct them to our Clinical Coordinator or schedule another consultation visit if you feel your concerns have not been fully addressed.