

Vampire FaceLift®

Contraindications:

1. You should not have PRP treatment done if you have any of the following conditions:
 - An impaired immune system due to immunosuppressive diseases, HIV, HTV, or immunosuppressive medications
 - Skin conditions and diseases including: facial cancer, existing or uncured. This includes SCC, BCC and melanoma, systemic cancer, and chemotherapy
 - ACTIVE herpes simplex (cold sore)
 - Steroid therapy, dermatological diseases affecting the face (i.e. Porphyria), communicable diseases, blood disorders and platelet abnormalities, anticoagulation therapy (i.e. Warfarin)
 - Allergies to lidocaine
 - If you are pregnant or nursing
2. You will receive dermal fillers as a part of your treatment. Please alert the staff if:
 - You have had a cold sore or currently have a cold sore
 - Severe allergies of any sort
 - Allergic to gram positive bacteria such as staphylococcus or streptococcus

Pre-Treatment Instructions:

1. 7 days before treatment:
 - Please ALERT the staff if you are experiencing a cold sore.
 - Discontinue blood thinning agents such as vitamin E, vitamin A, Ginko, Garlic, Flax, Cod Liver Oil, and Essential Fatty Acids, and multivitamins, a minimum of 7 days (preferably 14 days) prior to treatment. It is fine to continue iron and vitamin D.
 - If you are taking any blood thinners, please let your provider know immediately, as they may represent a contraindication to this treatment. These medications include Plavix, Coumadin and Heparin.
 - Avoid aspirin, Advil, Motrin, Ibuprofen, Naproxen, Voltaren and other anti-inflammatory medications. We want inflammation to occur – as this is one mechanism by which PRP works.
 - You may use Tylenol (acetaminophen) as needed prior to the treatment.
 - Prescription medications (including heart and blood pressure medication) should be taken as prescribed right up to, and including, the day of and the day after your treatments.
 - If you are taking broad beta-blockers such as Inderal (Propranolol), please inform your provider as this medication may need to be changed to a select beta-blocker in advance of the treatment.
 - Avoid excessive sun or heat exposure. 3 days before treatment:
 - AVOID alcohol consumption for 7 days prior to the procedure. Alcohol is a blood thinner and affects platelets negatively.
 - If possible, refrain from or minimize smoking prior to your procedure as it impacts the healing process.

Post-Treatment Instructions:

- For 3 days, take care to not aggressively scrub your face. The filler which was injected is moldable for a few days and can alter with pressure.
- You may resume your anti-aging skin regimen which was recommended (ZO Obagi Aggressive Antiaging Program or ZO Obagi Anti-aging Program) to you other than any retin-A products.
- You can resume your retin-A products after 2 days.
- You may wear makeup as you desire.
- Do not use any powered cleansing brushes like Clarisonic for one-week post treatment.
- Avoid intentional and direct sunlight or tanning beds for 1-2 weeks.
- Do not expose your skin to extreme cold.
- Do not go swimming for at least 72 hours post-treatment.
- Do not exercise or participate in strenuous activity for the first 24 hours post-treatment. Sweating and gym environments in general are harmful and filled with bacteria, which may cause adverse reactions in your skin.
- Do not receive a laser treatment, chemical peel post procedure as this may increase the pigment and scarring in the treatment areas.

What to expect

1. Swelling of the face:
 - a. Because we have injected a product which attracts water, your face/lips will swell but this will subside within a few days
 - b. The PRP which is injected also will dissipate after 24 hours
2. Mild bruising:
 - a. I take care to control all bleeding during the procedure but sometimes, we disrupt a small blood vessel and then you may get some bruising. I recommend a small amount of concealer if it bothers you

Cancellation/rescheduling policy

1. All bookings are non-refundable. The consultation fee for Vampire Facial®, Vampire FaceLift®, Vampire Breast Lift®, O-Shot®, P-Shot® and Hair Restoration will be applied to your procedure upon booking.
2. We understand that urgent issues which are out of your control come up. For that reason, we have a very understanding policy which allows you to reschedule your procedure without losing your procedure fee. You may reschedule up to 3 times. After the 3rd reschedule, we will not be able to refund your procedure fee. Any further bookings will be assessed as a new procedure and another fee will apply accordingly.
3. Because this procedure is personalized to you, we cannot apply your fee to another person such as a partner or friend if you cancel your procedure.

4. We ask you to be considerate to other clients and arrive 15 minutes prior to your procedure time. We have a 9-minute grace period. After 9 minutes past your procedure time, you will be rescheduled to a later time. This will count as a reschedule and the reschedule/cancellation policy will apply.
5. We have taken the time to properly assess the time needed for a thorough consultation. After your consultation time has elapsed, if you have further questions or concerns, please direct them to our Clinical Coordinator or schedule another consultation visit if you feel your concerns have not been fully addressed.