

Vampire Facial®

Contraindications:

1. You should not have PRP treatment done if you have any of the following conditions:
 - An impaired immune system due to immunosuppressive diseases, HIV, HTV, or immunosuppressive medications
 - Skin conditions and diseases including: facial cancer, existing or uncured. This includes SCC, BCC and melanoma, systemic cancer, and chemotherapy
 - Steroid therapy, dermatological diseases affecting the face (i.e. Porphyria), communicable diseases, blood disorders and platelet abnormalities, anticoagulation therapy (i.e. Warfarin)
 - If you are pregnant or nursing
 - ACCUTANE within 6 months of planned treatment

Pre-Treatment Instructions:

1. 7 days before treatment:
 - STOP all RETIN-A products 7 days prior to treatment.
 - Discontinue blood thinning agents such as vitamin E, vitamin A, Ginko, Garlic, Flax, Cod Liver Oil, and Essential Fatty Acids, and multivitamins, a minimum of 7 days (preferably 14 days) prior to treatment. It is fine to continue iron and vitamin D
 - If you are taking any blood thinners, please let your provider know immediately, as they may represent a contraindication to this treatment. These medications include Plavix, Coumadin and Heparin
 - Avoid aspirin, Advil, Motrin, Ibuprofen, Naproxen, Voltaren and other anti-inflammatory medications. We want inflammation to occur – as this is one mechanism by which PRP works
 - You may use Tylenol (acetaminophen) as needed prior to the treatment
 - Prescription medications (including heart and blood pressure medication) should be taken as prescribed right up to, and including, the day of and the day after your treatments
 - If you are taking broad beta-blockers such as Inderal (Propranolol), please inform your provider as this medication may need to be changed to a select beta-blocker in advance of the treatment
 - Avoid excessive sun or heat exposure
 - AVOID alcohol consumption. Alcohol is a blood thinner and affects platelets negatively
2. 3 days before treatment:
 - If possible, refrain from or minimize smoking prior to your procedure as it impacts the healing process

Post-Treatment Instructions:

- You should expect your skin to be red, tight, and mildly tender
- A mask of both platelet RICH plasma has been placed on your face. DO NOT wash this off!
- Always wash your hands thoroughly before you touch your face. We have created micro-channels in your skin surface which can easily become infected if you are not careful
- Do not apply makeup for 24 hours after the procedure
- After 24 hours, apply makeup with clean, washed hands
- Do NOT use makeup brushes for 7 days after the procedure
- To ensure the proper healing environment, do NOT use any Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol (Vitamin A), Vitamin C (in a low pH formula) scrubs or anything perceived as “active” skincare for one-week post treatment
- Do not use any powered cleansing brushes like Clarisonic for one-week post treatment
- Avoid intentional and direct sunlight or tanning beds for 1-2 weeks
- Do not go swimming for at least 72 hours post-treatment
- Do not exercise or participate in strenuous activity for the first 24 hours post-treatment. Sweating and gym environments in general are harmful and filled with bacteria, which may cause adverse reactions in your skin

*Please follow the directions below for **the day of the treatment and the day after***

1. In the evening after your treatment is complete:
 - a. Wash your face with the gentle cleanser with TEPID water, do not scrub aggressively
 - b. Take the syringe of the platelet POOR plasma (PPP) which has been given to you and drip this onto your face while you massage this in. Please take care to not put this into your eyes!
 - c. Gently apply the renewal creme over the PPP
2. The morning after the treatment:
 - a. Wash your face with the gentle cleanser
 - b. Gently apply the renewal creme onto the face as well as under the eye
 - c. Apply the broad-spectrum sunscreen onto your face and neck

Daily regimen for 1 month after the treatment

1. Morning:
 - a. Wash your face with gently cleanser
 - b. Apply renewal creme
 - c. Apply Broad spectrum sunscreen
 - d. Apply your makeup as you desire
2. Afternoon:
 - a. Reapply the broad-spectrum sunscreen, use a thin film
3. Evening:
 - a. Wash your face with gently cleanser
 - b. Apply the 10% Vitamin C self-activating serum sparsely
 - c. Apply renewal crème

Cancellation/rescheduling policy

1. All bookings are non-refundable. The consultation fee for Vampire Facial®, Vampire FaceLift®, Vampire Breast Lift®, O-Shot®, P-Shot® and Hair Restoration will be applied to your procedure upon booking.
2. We understand that urgent issues which are out of your control come up. For that reason, we have a very understanding policy which allows you to reschedule your procedure without losing your procedure fee. You may reschedule up to 3 times. After the 3rd reschedule, we will not be able to refund your procedure fee. Any further bookings will be assessed as a new procedure and another fee will apply accordingly.
3. Because this procedure is personalized to you, we cannot apply your fee to another person such as a partner or friend if you cancel your procedure.
4. We ask you to be considerate to other clients and arrive 15 minutes prior to your procedure time. We have a 9-minute grace period. After 9 minutes past your procedure time, you will be rescheduled to a later time. This will count as a reschedule and the reschedule/cancellation policy will apply.
5. We have taken the time to properly assess the time needed for a thorough consultation. After your consultation time has elapsed, if you have further questions or concerns, please direct them to our Clinical Coordinator or schedule another consultation visit if you feel your concerns have not been fully addressed.